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City of Pleasanton
Community Services
FY 2020/21 Community Grant Program - Youth

Hively
Recognizing the Signs of Anxiety and Depression

Official Amount

\$ 7,000.00

Name of Person Completing Report:

Report 2
Vanessa Dilks

Title:

Report 2
Director of Community Services

Telephone:

Report 2
925-595-5177

Email:

Report 2
vdilks@behively.org

Describe the current status of your project (e.g. planning, pre-development, activity underway, marketing, etc.) and the current focus of any activity.

Report 2
Due to the COVID-19 pandemic, Hively is offering all of our services virtually, or by phone. Hively continues to

provide one on one support as well as large group workshops on the signs of anxiety and depression in children and teens.

Hively is very appreciative to have the opportunity to continue to use this funding into the 2021-2022 fiscal year, as it has been challenging to engage our audience virtually. While it is convenient for those to attend, in person trainings tend to be more impactful to those that attend. As Alameda County starts to loosen restrictions, Hively will resume in person meetings, with reduced capacity.

September 2020 through the end of the fiscal year, Hively has provided 69 individual, one on one, coaching sessions to 58 clients. In addition to the one on one coaching sessions, Hively partnered with CityServe of the Tri-Valley to provide a Trauma Informed Care training to their staff working directly with homeless residents, and low income families.

Hively is very appreciative that the City of Pleasanton is allowing Hively to continue to use this funding into the 2021-2022 to continue to provide this service to the community.

Describe any significant actions taken during the reporting period.

Report 2

No significant actions taken during this reporting period.

If applicable, describe any modifications to the project goals, timelines, etc., and reason(s) for change. If you have not submitted invoices due to project delays, please provide details here.

Report 2

No significant modifications to the project goals. Outside of transferring all trainings and coaching sessions to online, Hively is continuing to support the community through coaching and training sessions on the topic of Recognizing the Signs of Anxiety and Depression.

Were any costs incurred for this project (from any source) during this reporting period?

- Yes
- No

Were any Pleasanton grant funds expended for this project during this reporting period? If yes, have you submitted invoices yet and if so in what amount? If no, please explain why no funds have been expended to date.

Report 2

Yes, invoices will be submitted by the due date.

Please indicate how participant data are reported for this project (please keep consistent for question 11 and with your original application):

- Audience (performance)
- Spectators (events)
- Participants
- Clients

Please complete the following table regarding NUMBER OF CLIENTS SERVED during this reporting period using the indicator chosen above (Audience, Spectators, Participants OR Clients):

240	240.00	A) Numeric GOAL stated in your application for the number of Pleasanton residents to be served by THIS PROJECT (unduplicated):
58	58.00	B) Total number of people served by THIS PROJECT:
298.00	298.00	TOTAL

What method do you use to track your participant data for this project?

- Database
- Ticket sales
- Sign-in sheet
- Other

If you answered **Other** to the preceding question please explain. Enter **N/A** if not applicable.

Report 2

n/a

Please include any additional comments or clarifications here about your grant that you feel the Commission will benefit from:

Report 2

Although Hively has not met the contract deliverables, we are confident when in person trainings resume, that we will see an increase in participation. Hively is currently partnering with Dublin High School to provide a training on the topic of Recognizing the Signs of Anxiety and Depression in Teens.

For FINAL REPORT [DO NOT ANSWER UNTIL FINAL REPORT]: Name and title of person completing the report:

Report 2

Vanessa Dilks

For FINAL REPORT: Did the agency use all of its grant funding? If not, explain why the agency did not spend the entire grant and what obstacles the agency faced.

Report 2

No, Hively anticipates using all of its grant funding by June 30th, 2022.

For FINAL REPORT: Describe the accomplishments of the project funded through Community Grant funds. Provide detail on how the project responded to needs within the community (in reference to what you identified in question 10 of the application.)

Report 2

It goes without saying that this was a very challenging and stressful time for families. Youth were spending hours and hours on their computer, secluded from their peers. Even though Hively was not providing in person training opportunities, we continued to provide one on one and large group training opportunities.

For FINAL REPORT: Does the agency feel this project was a success? How do you measure the success of the project? Did it meet or exceed the goals and outcomes described in the in the original application? If not, why?

Report 2

Yes, this project was a success, and we anticipate the need for this training to increase when school aged children return to the classroom after not being onsite for over a year.

For FINAL REPORT: Describe any problems or delays encountered with the project. How were they handled? What effects, if any, were there on the project? Describe any changes that made the project successful or will make it successful in future years.

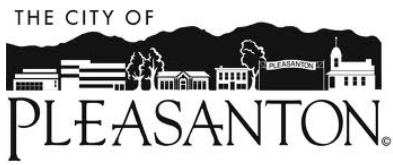
Report 2

Hively did not encounter any problems, we pivoted our services as best possible during such a challenging time. We did this through providing our services virtually and by phone. Delays in the project did occur due to the pandemic and we are extremely thankful to the City of Pleasanton for approving an extension of the contract deliverables.

For FINAL REPORT: List agencies you collaborated with on the project. Describe the nature of the collaboration. Enter “N/A” if not applicable.

Report 2

N/A



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City of Pleasanton
Community Services
FY 2020/21 Community Grant Program - Youth

Partners Fore Golf Inc. / DBA First Tee Tri-Valley
First Tee Tri-Valley Scholarship/Financial Aid Program

Official Amount

\$ 3,500.00

Name of Person Completing Report:

Report 2
Cameron MacGregor

Title:

Report 2
Executive Director

Telephone:

Report 2
925-399-8644

Email:

Report 2
cmacgregor@thefirstteetrivalley.org

Describe the current status of your project (e.g. planning, pre-development, activity underway, marketing, etc.) and the current focus of any activity.

Report 2
We have completed our programming for the year 2020. We were able to reach 75 households in Pleasanton, We awarded over \$12,000 in financial aid to families, with an average award of \$196.

Describe any significant actions taken during the reporting period.

Report 2

We were limited by class size because of the COVID 19 social distancing restrictions. The limit on class size reduces our revenue, but does not reduce our costs. Extreme caution was taken and protocols were put in place insure social distancing and safety for our kids and their instructors.

If applicable, describe any modifications to the project goals, timelines, etc., and reason(s) for change. If you have not submitted invoices due to project delays, please provide details here.

Report 2

We limited class size for our First Tee Programming and Golf Camps as directed by the Alameda County Health Department.

Were any costs incurred for this project (from any source) during this reporting period?

- Yes
- No

Were any Pleasanton grant funds expended for this project during this reporting period? If yes, have you submitted invoices yet and if so in what amount? If no, please explain why no funds have been expended to date.

Report 2

We incurred expenses of \$44,293 during the reporting period of 7/1/20 to 9/30/20. An invoice for our award has been submitted.

Please indicate how participant data are reported for this project (please keep consistent for question 11 and with your original application):

- Audience (performance)
- Spectators (events)
- Participants
- Clients

Please complete the following table regarding NUMBER OF CLIENTS SERVED during this reporting period using the indicator chosen above (Audience, Spectators, Participants OR Clients):

75	75.00	A) Numeric GOAL stated in your application for the number of Pleasanton residents to be served by THIS PROJECT (unduplicated):
150	150.00	B) Total number of people served by THIS PROJECT:
225.00	225.00	TOTAL

What method do you use to track your participant data for this project?

- Database
- Ticket sales
- Sign-in sheet
- Other

If you answered “other” to the preceding question please explain. Enter “N/A” if not applicable.

Report 2

N/A

Please include any additional comments or clarifications here about your grant that you feel the Commission will benefit from:

Report 2

Because of school closures due to COVID 19 and athletic activities restricted or not allowed at all, we were able to offer the community an activity for kids. Our programming was very successful and very well received and appreciated by our participating families.

For FINAL REPORT [DO NOT ANSWER UNTIL FINAL REPORT]: Name and title of person completing the report:

Report 2

Cameron MacGregor

For FINAL REPORT: Did the agency use all of its grant funding? If not, explain why the agency did not spend the entire grant and what obstacles the agency faced.

Report 2

We used all of our funding. Because of monthly facility fees that are high and the expenses of hiring qualified instructors.

For FINAL REPORT: Describe the accomplishments of the project funded through Community Grant funds. Provide detail on how the project responded to needs within the community (in reference to what you identified in question 10 of the application.)

Report 2

From our participating families, we received many positive comments and gratitude that we were able to offer an outdoor, safe environment and an activity for Pleasanton families. We were forced to close our satellite facilities and conduct all of our programming at the Pleasanton facility. This enabled our core staff to monitor our safety protocols and insure programming was conducted in a safe environment.

For FINAL REPORT: Does the agency feel this project was a success? How do you measure the success of the project? Did it meet or exceed the goals and outcomes described in the in the original application? If not, why?

Report 2

We feel we had an extremely successful project. We measure our success by our participants feedback, and enrollee re-registrations. In July, once we were able to open, our classes and camps we offered were filled to capacity. The re-registrations in September confirm what we had done in July and August was successful. Our only setback was because of class sizes being limited by COVID 19 restrictions, participants who did not register early may not have been able to register for their preferred class time.

For FINAL REPORT: Describe any problems or delays encountered with the project. How were they handled? What effects, if any, were there on the project? Describe any changes that made the project successful or will make it successful in future years.

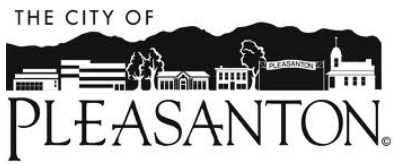
Report 2

We were able to start our project on time. We incurred additional expenses of purchasing safety equipment-no touch thermometers, hand sanitizer, instructional aids/equipment to maintain social distancing. Because of class size restriction, we altered our camp structure into smaller camps but offered more camps at separate time intervals to accommodate the significant demand. Going forward, we feel this model of smaller camp sizes is more appealing to our attendees, and we expect to use it going forward.

For FINAL REPORT: List agencies you collaborated with on the project. Describe the nature of the collaboration. Enter “N/A” if not applicable.

Report 2

N/A



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City of Pleasanton
Community Services
FY 2020/21 Community Grant Program - Youth

Teen Esteem

2020-2021 Assemblies and Classroom Presentations in PUSD Schools

Official Amount

\$ 7,500.00

Name of Person Completing Report:

Report 2

Lori Call

Title:

Report 2

Grants Manager

Telephone:

Report 2

(925-855-9941)

Email:

Report 2

grants@teenesteem.org

Describe the current status of your project (e.g. planning, pre-development, activity underway, marketing, etc.) and the current focus of any activity.

Report 2

Completed.

Describe any significant actions taken during the reporting period.

Report 2

We continued to update and adapt curriculum for virtual delivery. Ultimately we conducted three ZOOM presentations to PUSD schools (Hearst, Vintage Hills and Valley View elementary) reaching 132 students.

If applicable, describe any modifications to the project goals, timelines, etc., and reason(s) for change. If you have not submitted invoices due to project delays, please provide details here.

Report 2

None.

Were any costs incurred for this project (from any source) during this reporting period?

- Yes
- No

Were any Pleasanton grant funds expended for this project during this reporting period? If yes, have you submitted invoices yet and if so in what amount? If no, please explain why no funds have been expended to date.

Report 2

No.

Please indicate how participant data are reported for this project (please keep consistent for question 11 and with your original application):

- Audience (performance)
- Spectators (events)
- Participants
- Clients

Please complete the following table regarding NUMBER OF CLIENTS SERVED during this reporting period using the indicator chosen above (Audience, Spectators, Participants OR Clients):

1000	1,000.00	A) Numeric GOAL stated in your application for the number of Pleasanton residents to be served by THIS PROJECT (unduplicated):
153	153.00	B) Total number of people served by THIS PROJECT:
1,153.00	1,153.00	TOTAL

What method do you use to track your participant data for this project?

- Database
- Ticket sales

- Sign-in sheet
- Other

If you answered "other" to the preceding question please explain. Enter "N/A" if not applicable.

Report 2

n/a

Please include any additional comments or clarifications here about your grant that you feel the Commission will benefit from:

Report 2

See below.

For FINAL REPORT [DO NOT ANSWER UNTIL FINAL REPORT]: Name and title of person completing the report:

Report 2

Lori Call

For FINAL REPORT: Did the agency use all of its grant funding? If not, explain why the agency did not spend the entire grant and what obstacles the agency faced.

Report 2

Yes.

For FINAL REPORT: Describe the accomplishments of the project funded through Community Grant funds. Provide detail on how the project responded to needs within the community (in reference to what you identified in question 10 of the application.)

Report 2

No one could have predicted how the COVID epidemic would have impacted schools, teachers and students. Certainly, when Teen Esteem submitted its application in January of 2020, we had no idea the extent to which COVID would affect delivery of our programs to the PUSD, nor could we have anticipated that teachers would have been so (appropriately) invested in adapting their own curriculum for remote delivery, adjusting to new technologies, and finding new ways to connect with students virtually, that they did not have the bandwidth to even respond to Teen Esteem's offers to provide our programs to them remotely. But that's exactly what happened.

Though Teen Esteem was only able to reach 132 students during the 2020-21 academic year, Community Grant funds were applied to revise and update curriculum content and market the new programs for remote delivery, as proposed in our application. Only the delivery system changed; the presentations continued to be live and interactive, as had been proposed for our assemblies and classroom presentations. In addition, the value of Community funds invested in Teen Esteem in 2020-21 may be viewed in terms of helping Teen Esteem launch an entirely new delivery option for teachers going forward. While we look forward to returning to in-person interactions with students through school assemblies and classroom presentations, we now have established a secondary online media through which to reach kids.

Teen Esteem's messages, developed long before COVID hit, were highlighted by the COVID environment and

its aftereffects; kids need to hear and be reminded often and in multiple ways and through multiple media, that their value is based on who they are and not what they do, and that making healthy decisions, regardless of the challenges they face, will help them develop into resilient individuals. This was the message we continued to deliver during 2020-21 and remains our core mission.

For FINAL REPORT: Does the agency feel this project was a success? How do you measure the success of the project? Did it meet or exceed the goals and outcomes described in the in the original application? If not, why?

Report 2

Teen Esteem's mission is to reach as many children and youth as possible with our core messages of respect for self and others, and the inherent value of each individual. From this standpoint, we believe that this project was a success. We could do nothing about the constraints put upon us, the schools, teachers and students; yet we did everything we could to reach as many students as we could with live, interactive presentations. While the numbers reached did not approach what we original anticipated in our original application, with the assistance of the Pleasanton Youth Commission funds, we were able to move forward in measurable ways toward achieving our underlying goal.

For FINAL REPORT: Describe any problems or delays encountered with the project. How were they handled? What effects, if any, were there on the project? Describe any changes that made the project successful or will make it successful in future years.

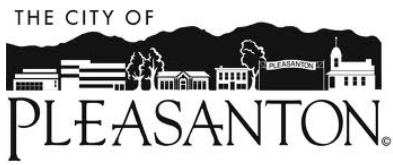
Report 2

If COVID taught us nothing, it reminded us that, regardless of all of our planning and goals and outcomes toward which we work, we must be flexible as we fundamentally remain focused on our underlying missions. We may not have seen the results in numbers reached that we had hoped in 2020-21, yet we made huge strides forward in developing alternative/additional media to deliver our messages. Because of COVID and the Community Funds investment in Teen Esteem, we were able to revise our curriculum accordingly. In that process, we discovered the value of developing a new video series of short testimonials by students addressing their personal experiences related to core messages in Teen Esteem's curriculum; while not funded through Community Funds, production of these videos has added an entirely new dimension to our overall curriculum, tapping into the valuable impact that peer testimonials provide. They have been included in virtual presentations and will be included in multi-media presentations in our return to in-person assemblies and classrooms.

For FINAL REPORT: List agencies you collaborated with on the project. Describe the nature of the collaboration. Enter “N/A” if not applicable.

Report 2

N/A



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City of Pleasanton
Community Services
FY 2020/21 Community Grant Program - Youth

The Go Green Initiative Association
Pleasanton Students Promote Water Conservation

Official Amount

\$ 7,500.00

Name of Person Completing Report:

Report 2
-no answer-

Title:

Report 2
-no answer-

Telephone:

Report 2
-no answer-

Email:

Report 2
-no answer-

Describe the current status of your project (e.g. planning, pre-development, activity underway, marketing, etc.) and the current focus of any activity.

Report 2
-no answer-

Describe any significant actions taken during the reporting period.

Report 2

-no answer-

If applicable, describe any modifications to the project goals, timelines, etc., and reason(s) for change. If you have not submitted invoices due to project delays, please provide details here.

Report 2

-no answer-

Were any costs incurred for this project (from any source) during this reporting period?

- Yes
- No

Were any Pleasanton grant funds expended for this project during this reporting period? If yes, have you submitted invoices yet and if so in what amount? If no, please explain why no funds have been expended to date.

Report 2

-no answer-

Please indicate how participant data are reported for this project (please keep consistent for question 11 and with your original application):

- Audience (performance)
- Spectators (events)
- Participants
- Clients

Please complete the following table regarding NUMBER OF CLIENTS SERVED during this reporting period using the indicator chosen above (Audience, Spectators, Participants OR Clients):

<input type="text"/>	<input type="text" value="0.00"/>	A) Numeric GOAL stated in your application for the number of Pleasanton residents to be served by THIS PROJECT (unduplicated):
<input type="text"/>	<input type="text" value="0.00"/>	B) Total number of people served by THIS PROJECT:
<input type="text" value="0.00"/>	<input type="text" value="0.00"/>	TOTAL

What method do you use to track your participant data for this project?

- Database
- Ticket sales

- Sign-in sheet
- Other

If you answered **Other** to the preceding question please explain. Enter **N/A**; if not applicable.

Report 2

-no answer-

Please include any additional comments or clarifications here about your grant that you feel the Commission will benefit from:

Report 2

-no answer-

For FINAL REPORT [DO NOT ANSWER UNTIL FINAL REPORT]: Name and title of person completing the report:

Report 2

-no answer-

For FINAL REPORT: Did the agency use all of its grant funding? If not, explain why the agency did not spend the entire grant and what obstacles the agency faced.

Report 2

-no answer-

For FINAL REPORT: Describe the accomplishments of the project funded through Community Grant funds. Provide detail on how the project responded to needs within the community (in reference to what you identified in question 10 of the application.)

Report 2

-no answer-

For FINAL REPORT: Does the agency feel this project was a success? How do you measure the success of the project? Did it meet or exceed the goals and outcomes described in the original application? If not, why?

Report 2

-no answer-

For FINAL REPORT: Describe any problems or delays encountered with the project. How were they handled? What effects, if any, were there on the project? Describe any changes that made the project successful or

will make it successful in future years.

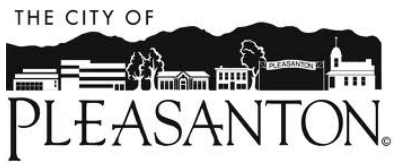
Report 2

-no answer-

For FINAL REPORT: List agencies you collaborated with on the project. Describe the nature of the collaboration. Enter “N/A” if not applicable.

Report 2

-no answer-



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City of Pleasanton
Community Services
FY 2020/21 Community Grant Program - Youth

Tri-Valley Haven
Healthy Relationships and Boundaries - High School

Official Amount

\$ 6,250.00

Name of Person Completing Report:

Report 2
Joe Maguigad

Title:

Report 2
Data Manager

Telephone:

Report 2
925-449-5845

Email:

Report 2
925-449-5845

Describe the current status of your project (e.g. planning, pre-development, activity underway, marketing, etc.) and the current focus of any activity.

Report 2
Despite the COVID-19 pandemic, Tri-Valley Haven (TVH) successfully collaborated with teachers, administrators, and high school students at Foothill and Amador High Schools in Pleasanton. TVH created a

Healthy Relationship, Strong Boundaries and Anti-Teen Dating Violence curriculum tailored for each school community. Tri-Valley Haven Preventionists taught these interactive trainings over Zoom whenever class time was available. The Haven successfully provided healthy relationship classes, including bystander education.

Describe any significant actions taken during the reporting period.

Report 2

Tri-Valley Haven Prevention Staff worked diligently to transform our Healthy Relationship classes so that they would be impactful over Zoom. We worked with high school teachers and administrators to fit our vital education into an already compressed curriculum due to the pandemic. We greatly appreciate the Pleasanton Unified School District for understanding the importance of our trainings and for working with Tri-Valley Haven so that Pleasanton high school students received this information and support during COVID-19.

Tri-Valley Haven preventionists conducted anonymous post-instruction tests, or surveys, with each student to assess their level of retention and their willingness to implement the strategies they've been taught. Students expressed ways that they are able to better engage with the presentations through these surveys. In addition, Tri-Valley Haven implemented new videos, music and virtual activities on how the media plays a pivotal role in the way dating relationships are presented. We also have adopted different practices from experts in the field on how to more effectively present this sensitive material to students.

Test results revealed that over 90% of the students taught in Pleasanton learned intervention strategies to safely intervene in stopping potential dating abuse.

If applicable, describe any modifications to the project goals, timelines, etc., and reason(s) for change. If you have not submitted invoices due to project delays, please provide details here.

Report 2

Tri-Valley Haven modified our community education so that our Healthy Relationship classes would resonate with Pleasanton high school students online. There were no project delays.

Were any costs incurred for this project (from any source) during this reporting period?

- Yes
- No

Were any Pleasanton grant funds expended for this project during this reporting period? If yes, have you submitted invoices yet and if so in what amount? If no, please explain why no funds have been expended to date.

Report 2

The entire Pleasanton grant was spent during before the end of the fiscal year in the amount of \$6,250. All invoices have been submitted.

Please indicate how participant data are reported for this project (please keep consistent for question 11 and with your original application):

- Audience (performance)
- Spectators (events)
- Participants
- Clients

Please complete the following table regarding NUMBER OF CLIENTS SERVED during this reporting period using the indicator chosen above (Audience, Spectators, Participants OR Clients):

1000	1,000.00	A) Numeric GOAL stated in your application for the number of Pleasanton residents to be served by THIS PROJECT (unduplicated):
1110	1,110.00	B) Total number of people served by THIS PROJECT:
2,110.00	2,110.00	TOTAL

What method do you use to track your participant data for this project?

- Database
- Ticket sales
- Sign-in sheet
- Other

If you answered **Other** to the preceding question please explain. Enter **N/A** if not applicable.

Report 2

N/A

Please include any additional comments or clarifications here about your grant that you feel the Commission will benefit from:

Report 2

Students indicate that Unhealthy Dating Relationships is a problem facing many students in the Pleasanton Schools, as in all high schools. Based on the anonymous post-test data, students in the Pleasanton School District who attended Tri-Valley Haven’s Program had the knowledge and the willingness to safely intervene on their own behalf in an unhealthy dating relationship or unhealthy friendship situation. Additionally, students learned to be active, compassionate bystanders and safely assist fellow students in potentially threatening situations.

For FINAL REPORT [DO NOT ANSWER UNTIL FINAL REPORT]: Name and title of person completing the report:

Report 2

Christine Dillman, Director of Development

For FINAL REPORT: Did the agency use all of its grant funding? If not, explain why the agency did not spend the entire grant and what obstacles the agency faced.

Report 2

Yes, Tri-Valley Haven used all of the Pleasanton Youth Commission Grant funding.

For FINAL REPORT: Describe the accomplishments of the project funded through Community Grant funds. Provide detail on how the project responded to needs within the community (in reference to what you identified in question 10 of the application.)

Report 2

Young people who experience dating violence and/ or unhealthy relationships often do not have the power or the resources to leave the situation. They may see their perpetrator every day on Zoom, social media or at school. If the student has been exposed to domestic violence in their home, the violence often becomes “normalized”. Without intervention, these students are apt to stay in the relationship, feeling trapped. They often want to leave the relationship or friendship, but do not know how.

Adults are often unaware that teens are experiencing dating violence. In a nationwide survey conducted by the Centers for Disease Control, 9.4 percent of high school students report being hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend in the 12 months prior to the survey (Centers for Disease Control and Prevention, 2011 Youth Risk Behavior Survey). Unhealthy relationships and emotional, physical, and/ or sexual dating violence lead to anxiety and depression, and often to participation in risky sexual activity, challenges outlined in the Pleasanton Youth Master Plan. Tri-Valley Haven provides education on healthy relationships and dating violence prevention as well as effective bystander strategies & ways to seek help.

Pleasanton students responded positively to our presentations. Through our virtual classroom trainings, we engaged and informed students on identifying signs of a healthy relationship, warning signs of an unhealthy relationship, and safe, practical techniques to prevent teen dating violence. We focused on empowering Pleasanton teens and changing behavior in concrete ways. Thanks to your generous funding, we were able to serve 9th Graders through the virtual health classes at Amador Valley High School and Foothill High School in Pleasanton. We see this as a major step towards effective dating violence prevention & creating healthy relationships amongst all adolescents in Pleasanton. This grant has immensely helped students and their families reach out to Tri-Valley Haven even after the presentations are completed.

For FINAL REPORT: Does the agency feel this project was a success? How do you measure the success of the project? Did it meet or exceed the goals and outcomes described in the in the original application? If not, why?

Report 2

We had a successful year despite the challenges of the global pandemic. We served 1110 high school students through our virtual Healthy Relationship Classroom Presentations at Pleasanton High Schools to exceed the objective. After attending our Healthy Relationship and Boundaries Classes, students expressed that they felt more confident to seek help.

We also received positive feedback from teachers at Amador High School and Foothill High School. We have worked very hard to ensure the program meets the needs of Pleasanton students. Over 90% of Pleasanton students could identify three Qualities of a Healthy and an Unhealthy Relationship and 90% could also identify appropriate Bystander Intervention Strategies to prevent unhealthy relationships.

For FINAL REPORT: Describe any problems or delays encountered with the project. How were they handled? What effects, if any, were there on the project? Describe any changes that made the project successful or will make it successful in future years.

Report 2

There were no delays in the grant process. Tri-Valley Haven preventionists worked diligently with the

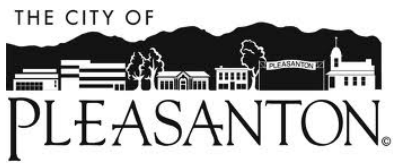
teachers, administrators and students to ensure we could provide as many virtual Healthy Relationship Classes as possible during the COVID-19 pandemic.

For FINAL REPORT: List agencies you collaborated with on the project. Describe the nature of the collaboration. Enter “N/A” if not applicable.

Report 2

Tri-Valley Haven Preventionists helped revamp the presentations to make them even more relevant and dynamic online. We collaborated with the teachers at both Amador and Foothill High Schools to address specific concerns raised by the students and teachers. We worked to tailor our Healthy Relationship Classroom Presentations to address specific problems at the schools, based on what students and teachers have witnessed.

We also incorporated student feedback received at the end of the program into classroom presentations in order to ensure that our trainings address real issues Pleasanton students are facing.



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City of Pleasanton
Community Services
FY 2020/21 Community Grant Program - Youth

Tri-Valley Haven
Healthy Relationships and Boundaries - Middle School

Official Amount

\$ 6,250.00

Name of Person Completing Report:

Report 2
Joe Maguigad

Title:

Report 2
Data Manager

Telephone:

Report 2
925-449-5845

Email:

Report 2
joe@trivalleyhaven.org

Describe the current status of your project (e.g. planning, pre-development, activity underway, marketing, etc.) and the current focus of any activity.

Report 2
Despite the COVID-19 pandemic, Tri-Valley Haven (TVH) successfully collaborated with teachers, administrators, and students at Pleasanton Middle School. TVH created a Healthy Relationship, Strong

Boundaries and Anti-Teen Dating Violence curriculum tailored for each school community. Tri-Valley Haven Preventionists taught age appropriate, interactive trainings over Zoom whenever class time was available. The Haven successfully provided healthy relationship classes, including bystander education to 344 middle school students in the Pleasanton School System!

Describe any significant actions taken during the reporting period.

Report 2

Tri-Valley Haven Prevention Staff worked diligently to transform our Healthy Relationship classes so that they would be impactful over Zoom. We worked with middle school teachers and administrators to fit our vital education into an already compressed schedule due to the pandemic. We greatly appreciate the Pleasanton Unified School District for understanding the importance of our trainings and for working with Tri-Valley Haven so that Pleasanton middle school students would receive this information and support during COVID-19.

Tri-Valley Haven preventionists conducted anonymous post-instruction tests, or surveys, with each student to assess their level of retention and their willingness to implement the strategies they've been taught. Students expressed ways that they are able to better engage with the presentations through these surveys. In addition, Tri-Valley Haven implemented new videos, music and virtual activities on how the media plays a pivotal role in the way dating relationships are presented. We also have adopted different practices from experts in the field on how to more effectively present this sensitive material to students.

Test results revealed that over 90% of the students taught in Pleasanton learned intervention strategies to safely intervene in stopping potential dating abuse.

If applicable, describe any modifications to the project goals, timelines, etc., and reason(s) for change. If you have not submitted invoices due to project delays, please provide details here.

Report 2

Tri-Valley Haven modified our community education so that our Healthy Relationship classes would resonate with Pleasanton middle school students online. There were no project delays.

Were any costs incurred for this project (from any source) during this reporting period?

- Yes
- No

Were any Pleasanton grant funds expended for this project during this reporting period? If yes, have you submitted invoices yet and if so in what amount? If no, please explain why no funds have been expended to date.

Report 2

The entire Pleasanton grant was spent during before the end of the fiscal year in the amount of \$6,250. All invoices have been submitted.

Please indicate how participant data are reported for this project (please keep consistent for question 11 and with your original application):

- Audience (performance)
- Spectators (events)
- Participants
- Clients

Please complete the following table regarding NUMBER OF CLIENTS SERVED during this reporting period using the indicator chosen above (Audience, Spectators, Participants OR Clients):

1000	1,000.00	A) Numeric GOAL stated in your application for the number of Pleasanton residents to be served by THIS PROJECT (unduplicated):
344	344.00	B) Total number of people served by THIS PROJECT:
1,344.00	1,344.00	TOTAL

What method do you use to track your participant data for this project?

- Database
- Ticket sales
- Sign-in sheet
- Other

If you answered "other" to the preceding question please explain. Enter "N/A" if not applicable.

Report 2
N/A

Please include any additional comments or clarifications here about your grant that you feel the Commission will benefit from:

Report 2

Students indicate that unhealthy relationships, and other’s disrespecting boundaries, are problems facing many students in the Pleasanton Schools, as in all middle schools. Based on the anonymous post-test data, students in the Pleasanton School District who attended Tri-Valley Haven’s Program had the knowledge and the willingness to safely intervene on their own behalf in an unhealthy dating or unhealthy friendship situation. Additionally, students learned to be active, compassionate bystanders and safely assist fellow students in potentially threatening situations.

For FINAL REPORT [DO NOT ANSWER UNTIL FINAL REPORT]: Name and title of person completing the report:

Report 2
Christine Dillman, Director of Development

For FINAL REPORT: Did the agency use all of its grant funding? If not, explain why the agency did not spend the entire grant and what obstacles the agency faced.

Report 2

Yes, Tri-Valley Haven used all of the Pleasanton Youth Commission Grant funding.

For FINAL REPORT: Describe the accomplishments of the project funded through Community Grant funds. Provide detail on how the project responded to needs within the community (in reference to what you identified in question 10 of the application.)

Report 2

Young people who experience unhealthy relationships often do not have the power or the resources to leave the situation. They may see the offender every day on Zoom, social media or at school. If the student has been exposed to domestic violence in their home, the violence often becomes “normalized”. Without intervention, these students are apt to stay in the relationship, feeling trapped. They often want to leave the relationship or friendship, but do not know how.

Adults are often unaware that teens are experiencing dating violence. In a nationwide survey conducted by the Centers for Disease Control, 9.4 percent of high school students report being hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend in the 12 months prior to the survey (Centers for Disease Control and Prevention, 2011 Youth Risk Behavior Survey). Unhealthy relationships and emotional, physical, and/ or sexual dating violence lead to anxiety and depression, and often to participation in risky sexual activity, challenges outlined in the Pleasanton Youth Master Plan. Tri-Valley Haven provides education on healthy relationships and dating violence prevention as well as effective bystander strategies & ways to seek help.

Pleasanton students responded positively to our presentations. Through our virtual classroom trainings, we engaged and informed students on identifying signs of a healthy relationship/ friendship, warning signs of an unhealthy relationship, and safe, practical techniques to prevent teen dating violence. We focused on empowering Pleasanton pre-teens and changing behavior in concrete ways. Thanks to your generous funding, we were able to serve 7th Graders through virtual classes at Pleasanton Middle School. We see this as a major step towards effective dating violence prevention & creating healthy relationships amongst all adolescents in Pleasanton. This grant has immensely helped students and their families reach out to Tri-Valley Haven even after the presentations are completed.

For FINAL REPORT: Does the agency feel this project was a success? How do you measure the success of the project? Did it meet or exceed the goals and outcomes described in the in the original application? If not, why?

Report 2

We had a successful year despite the challenges of the global pandemic. We served 344 middle school students through our virtual Healthy Relationship Classroom Presentations at Pleasanton Middle School. After attending our Healthy Boundary Classes, students expressed that they felt more confident to seek help. We also received positive feedback from teachers at Pleasanton Middle School. We have worked very hard to ensure the program meets the needs of Pleasanton students. Over 90% of Pleasanton students could identify 3 Qualities of a Healthy and an Unhealthy Relationship and 90% could also identify appropriate Bystander Intervention Strategies to prevent unhealthy relationships.

For FINAL REPORT: Describe any problems or delays encountered with the project. How were they handled? What effects, if any, were there on the project? Describe any changes that made the project successful or will make it successful in future years.

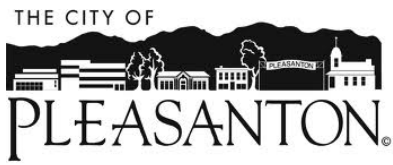
Report 2

There were no delays in the grant process. Tri-Valley Haven preventionists worked diligently with the teachers, administrators and students to ensure we would provide as many virtual Healthy Relationship

For FINAL REPORT: List agencies you collaborated with on the project. Describe the nature of the collaboration. Enter “N/A” if not applicable.

Report 2

Tri-Valley Haven Preventionists helped revamp the presentations to make them even more relevant and dynamic online. We collaborated with the teachers at Pleasanton Middle School to address specific concerns raised by the students and teachers. We worked to tailor our Healthy Relationship Classroom Presentations to address specific problems at the school, based on what students and teachers have witnessed. We also incorporated student feedback received at the end of the program into classroom presentations in order to ensure that our trainings address the real issues Pleasanton students are facing.



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City of Pleasanton
Community Services
FY 2020/21 Community Grant Program - Youth

Valley Children's Museum
Play Based STEAM Programming

Official Amount

\$ 0.00

Name of Person Completing Report:

Report 2

-no answer-

Title:

Report 2

-no answer-

Telephone:

Report 2

-no answer-

Email:

Report 2

-no answer-

Describe the current status of your project (e.g. planning, pre-development, activity underway, marketing, etc.) and the current focus of any activity.

Report 2

-no answer-

Describe any significant actions taken during the reporting period.

Report 2

-no answer-

If applicable, describe any modifications to the project goals, timelines, etc., and reason(s) for change. If you have not submitted invoices due to project delays, please provide details here.

Report 2

-no answer-

Were any costs incurred for this project (from any source) during this reporting period?

- Yes
- No

Were any Pleasanton grant funds expended for this project during this reporting period? If yes, have you submitted invoices yet and if so in what amount? If no, please explain why no funds have been expended to date.

Report 2

-no answer-

Please indicate how participant data are reported for this project (please keep consistent for question 11 and with your original application):

- Audience (performance)
- Spectators (events)
- Participants
- Clients

Please complete the following table regarding NUMBER OF CLIENTS SERVED during this reporting period using the indicator chosen above (Audience, Spectators, Participants OR Clients):

		A) Numeric GOAL stated in your application for the number of Pleasanton residents to be served by THIS PROJECT (unduplicated):
	0.00	
	0.00	B) Total number of people served by THIS PROJECT:
0.00	0.00	TOTAL

What method do you use to track your participant data for this project?

- Database
- Ticket sales

- Sign-in sheet
- Other

If you answered **“other”** to the preceding question please explain. Enter **“N/A”**; if not applicable.

Report 2

-no answer-

Please include any additional comments or clarifications here about your grant that you feel the Commission will benefit from:

Report 2

-no answer-

For FINAL REPORT [DO NOT ANSWER UNTIL FINAL REPORT]: Name and title of person completing the report:

Report 2

-no answer-

For FINAL REPORT: Did the agency use all of its grant funding? If not, explain why the agency did not spend the entire grant and what obstacles the agency faced.

Report 2

-no answer-

For FINAL REPORT: Describe the accomplishments of the project funded through Community Grant funds. Provide detail on how the project responded to needs within the community (in reference to what you identified in question 10 of the application.)

Report 2

-no answer-

For FINAL REPORT: Does the agency feel this project was a success? How do you measure the success of the project? Did it meet or exceed the goals and outcomes described in the original application? If not, why?

Report 2

-no answer-

For FINAL REPORT: Describe any problems or delays encountered with the project. How were they handled? What effects, if any, were there on the project? Describe any changes that made the project successful or

will make it successful in future years.

Report 2

-no answer-

For FINAL REPORT: List agencies you collaborated with on the project. Describe the nature of the collaboration. Enter “N/A” if not applicable.

Report 2

-no answer-

